



THE WORD IS THE QUEEN OF THE WORLD (AUT. 449)

Jesus said to the Jews: "I am the living bread which has come from heaven; whoever eats of this bread will live forever. The bread I shall give is my flesh and I will give it for the life of the world." The Jews were arguing among themselves, "How can this man give us flesh to eat?" So Jesus replied, "Truly, I say to you, if you do not eat the flesh of the Son of Man and drink his blood, you have no life in you. The one who eats my flesh and drinks my blood live with eternal life and I will raise him up on the last day. My flesh is really food and my blood is drink. Those who eat my flesh and drink my blood, live in me and I in them. Just as the Father, who is life, sent me and I have life from the Father, so whoever eats me will have life from me. This is the bread which came from heaven; unlike that of your ancestors, who ate and later died. Those who eat this bread will live forever."

Jn 6,51-58

JUNE 18, HOLY BODY AND BLOOD OF CHRIST.
MIGUEL ANGEL SOSA HERNÁNDEZ.
SECRETARY OF FORMATION LCM

Word of God is the primary
of our spirituality
(Sourcebook 37)

VADEMECUM

A COMMENTARY TO THE SUNDAY
GOSPEL FOR AND FROM
LAY CLARETIANS



REFLECTIONS TO FEED OUR RELATIONSHIP WITH GOD



Thanks to the food we eat, our body gets nutrients that allow us to work and to live. Jesus is presented to us as the bread of life. It is given to us entirely as Body and Blood, because it wants to be our food, our source of energy. In this way he seals the New Alliance: "The one who eats my meat and drinks from my blood lives in me and I live in him ..." The Eucharist is a visible sign of this unconditional surrender of Christ, who accompanies us every day and invites us to be configured with Him (Id 7 to 10). This is the way to remain in communion with God.

IT IS WORD OF GOD (AUT. 450)

REFLECTIONS TO FEED OUR MISSION IN THE WORLD



Wherever we are and we act, our communion with Christ is the guarantee that we are doing the God's will. Our mission will be able to be very planned and argued and even it will be able to realize admirable actions, but not even certification will be full without an intimate union with God across the care of our spirituality and of our experience of the Eucharist. Mission and spirituality must merge, nourish and support a perfect balance in our secular life (Id30). Because only by the communion with Christ we can really take part in his mission (Id. 19).

IT IS WORD OF LIFE (AUT. 450)

PRAYER FROM THE GOSPEL

GLord Jesus, give us always "hunger" for you. Moves our heart so that we may ever be hungry of you, to live in full the sacrament of the Eucharist and to be in communion with you. Help us to see your presence close to us, in every event of our lives and in each of our brothers. And grant us the grace that our whole life turns always around you, so that we may become one with you and in this way all those around us will get to know you and discover your infinite Love in us.

